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## CATARACT SURGERY POST-OP INSTRUCTIONS



**Use Vigamox eye drops (4) four times a day.**



**Use Nevanac eye drops (4) four times a day.**



**Use Omnipred eye drops (4) four times a day.**

1. To insert the drops; lean back, look up and gently pull down the lower eyelid. Place one drop in the space between the eyelid and the eye. Close the eye gently and keep closed for 30 seconds before drying up the excess. Be careful to not put any pressure on the eye. Apply drops evenly throughout the day such as with each meal and at bedtime if taking four times daily.
2. Wait five minutes in between drops so that the first drop is not washed out with the second drop.
3. The eye must be protected at all times for the first week following surgery. Wear eyeglasses during waking hours. Tape the eye shield over the eye at bedtime.
4. During bathing and shampooing of the hair, avoid getting the eye wet; particularly with dirty, soapy water for the next three days.
5. Do not engage in strenuous exercise, heavy lifting or sexual intercourse for one week.
6. If you have pain, take Tylenol (acetaminophen) one tablet every 6 hours. Do not take aspirin or aspirin containing medications for one week after surgery.
7. It is common to have mild pain, swelling, redness, and blurred vision, which should gradually improve. If these symptoms are getting worse the doctor should be notified promptly. The office phone number is **253-3080**. If you are calling after hours, call the same phone number.
8. Additional Instructions